

## Step 1- Extent Local Wellness Policy Complies with USDA Requirements and Compares to a Model Policy Tracking Tool

*(make a copy for your own use)*

Component	Description
<p><b>Select the Tool used for model LSWP comparison, upload the assessment in your folder: If another tool was used, list it here.</b></p>	<div style="border: 1px solid #ccc; padding: 5px; margin: 5px 0;"> <ul style="list-style-type: none"> <li><a href="#">Alliance for a Healthier Generation 10-step Checklist</a></li> <li><a href="#">The WellSAT 3.0 School Assessment Tool</a></li> </ul> </div>
<p><b>Areas of Strength:</b></p>	<p>1. Conditions for school meals were well defined.</p> <p>2.</p> <p>3.</p>
<p><b>Opportunities for Improvement</b></p>	<p>1. Layout of Nutrition Education</p> <p>2. Standards for USDA Nutrition Program and Competitive Foods need to be detailed in LSWP</p> <p>3. Well defined Physical Education and Activity curriculum.</p>
<p><b>As a result of the comparison, was new language adopted in the LSWP?</b></p>	<p><input checked="" type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>
<p><b>If yes, briefly describe what was adopted (include page numbers for new language if possible), Have the changes been approved by the school board?</b></p>	<p>A wellness committee is being formed and a new more comprehensive LSWP will be created and reviewed at the May 2024 board meeting.</p> <p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No – May 2024 Board meeting</p>

Component	Description
<b>Describe the next steps for strengthening your LSWP.</b>	A wellness committee is being formed and a new more comprehensive LSWP will be created and reviewed at the May 2024 board meeting.

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Discussion/Notes:

## Step #2: Progress in Reaching LSWP Goals Template

*(make a copy for your own use)*

Goal  As defined by your LSWP	Was the Goal Met?  Yes/ Partially/ No	What Was Achieved?  Describe how you achieved this goal	Documentation  Share documents (as links or attachments) used to measure LSWP implementation
<p><i>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></i></p>			
<p>1. Nutrition Education Goal(s)- record goal  -OR- Nutrition Promotion Goal(s)- record goal</p>	<p>Likely it was, but unclear because the goal is not measurable</p>	<p>89% of the student body does eat school lunch. The fruit and vegetable bar is well received</p>	<p>See attached schedules &amp; Curriculum</p>
<p>2. Physical Activity Goal(s)- record goal</p>	<p>Yes</p>	<p>Grades 7-12 have a PE class offering that is either required (7-10) or optional (11 &amp; 12 only)</p>	<p>See attached schedules &amp; Curriculum</p>
<p>3. Other student wellness Goal(s)- record goal, <i>this is often where goals to support SEL and Mental health or staff wellness could be included</i></p>	<p>While no other goals were included in the current wellness policy, the policy will be updated to reflect current practices, which include providing opportunities to strengthen</p>	<p>Current LSWP does not reflect all current practices. LSWP will be revised in May 2024 to add required language and third student wellness goal related to mental and spiritual health.</p>	<p>See RockTalk Description and HS Religion curriculum</p>

Nebraska Department of Education, Office of Coordinated Student Support Services

*Adapted from the Let's Eat Healthy Program resources*

<b>Goal</b> As defined by your LSWP	<b>Was the  Goal Met?</b>  Yes/ Partially/ No	<b>What Was Achieved?</b>  Describe how you achieved this goal	<b>Documentation</b>  Share documents (as links or attachments) used to measure LSWP implementation
	spiritual and mental health		
Additional Goal(s)  <i>Add more rows as  needed</i>			

**[To return to the overview document, click this link](#)**, Questions, contact:  
[jessie.coffey@nebraska.gov](mailto:jessie.coffey@nebraska.gov)

## Step #3- Extent of Compliance for All Schools with the LSWP

*(Make a copy for your use)*

Policy Area** (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
Nutrition Education/Promotion Goal(s)			2
Physical Activity Goal(s)			2
Other Student Wellness Goal(s)		2  Current LSWP does not reflect all current practices. LSWP will be revised in May 2024 to add required language and third student wellness goal related to mental and spiritual health.	
Non-goal related requirements of LWP- outline how you are meeting these elements in your LPW and the levels of compliance**			
<u>Federal/State Meal Standards</u> are Met			2
Foods Offered but Not Sold to Students Standards			2
Food and Beverage Marketing ( <u>SMART Snacks regulations</u> - ala carte and vending, food sales during the school day)			2

***\*\*If any of these requirements are not met, you will need to address how you will meet these requirements moving forward as part of the Triennial Assessment summary and how the summary is made available to the public.***

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement- how was the public included in LWP development? (parents, community members, etc.)	<input type="checkbox"/> Yes  <input checked="" type="checkbox"/> No – New wellness committee being developed
Public Notification- how are you notifying the public about your assessment results?	<input type="checkbox"/> Yes the wellness policies were on the old website. When the website was revamped this year they were not put back on.  <input type="checkbox"/> No Current wellness policy with a notation of “under revision” will be added to the website. Along with the Triennial assessment documents.
Triennial Assessment- is this posted publicly? Provide the link	<input type="checkbox"/> Yes  <input checked="" type="checkbox"/> No this has never been posted since this is the first time completing one. It will be posted once they are complete.

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Questions, contact: [jessie.coffey@nebraska.gov](mailto:jessie.coffey@nebraska.gov)

## Step #4: Sharing Your Triennial Summary Results

### Triennial Assessment Report to the Public (Public Notification is Required)

**The summary should address both 1) any missing requirements from your local wellness policy noted in Step #1 and how you will review your policy to address the missing elements, and 2) a summary of how you met the three goals included in your wellness policy.**

Target Audience(s)	Method	Date
Students, Teachers & Parents/Caregivers	School Newsletter Notification through EML	March 2024 March 8, 2024
School Board Members	Presentation during School Board Meeting	March 25, 2024
Community Partners	Notification of Published Policy and Triennial Report via social media outlets with link back to the website for review.	March 8, 2024
<b>Link to the district website to meet the public notification requirement</b>	<a href="https://columbus-catholic.org/wellness-policy/">https://columbus-catholic.org/wellness-policy/</a>	