

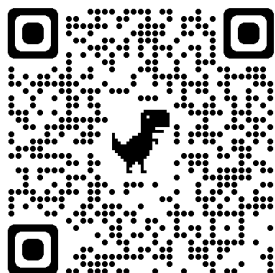
Step 1- Extent Local Wellness Policy Complies with USDA Requirements and Compares to a Model Policy Tracking Tool

(make a copy for your own use)

Component	Description
<p>Select the Tool used for model LSWP comparison, upload the assessment in your folder: If another tool was used, list it here.</p>	<div style="border: 1px solid #ccc; padding: 5px; margin: 5px 0;"> <ul style="list-style-type: none"> Alliance for a Healthier Generation 10-step Checklist The WellSAT 3.0 School Assessment Tool </div>
<p>Areas of Strength:</p>	<p>1. Defined Nutrition Education and promotion</p> <hr/> <p>2. Defined Physical Education and promotion</p> <hr/> <p>3.</p>
<p>Opportunities for Improvement</p>	<p>1. Notification to the students, parents/caregivers, staff and public could be improved.</p> <hr/> <p>2. Identify measurable goals</p> <hr/> <p>3. Define how the school meets the USDA guidelines.</p>
<p>As a result of the comparison, was new language adopted in the LSWP?</p>	<p><input checked="" type="checkbox"/> Yes - the policy will be rewritten and reviewed by the board in May 2024 for approval.</p> <p><input type="checkbox"/> No</p>
<p>If yes, briefly describe what was adopted (include page numbers for new language if possible), Have the changes been approved by the school board?</p>	<p>Will reference the USDA language Nutrition, Wellness and Mental Health goals will be measurable.</p> <p><input checked="" type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p> <p>Will be presented to the school board in May 2024</p>

Component	Description
Describe the next steps for strengthening your LSWP.	Wellness committee will meet and rewrite policy to meet all requirements.

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Discussion/Notes:

Step #2: Progress in Reaching LSWP Goals Template

(make a copy for your own use)

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<i>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></i>			
1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal	yes	Nutrition posters in the cafeteria Nutrition curriculum throughout the year	See Nutrition Curriculum
2. Physical Activity Goal(s)- record goal	Yes	Physical Education classes Daily recess	See Physical Activity Curriculum
3. Other student wellness Goal(s)- record goal, <i>this is often where goals to support SEL and Mental health or staff wellness could be included</i>	Yes – staff wellness Yes -Spiritual	Religious and spiritual well being throughout the religion curriculum	See Curriculum
Additional Goal(s) Add more rows as needed			

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Nebraska Department of Education, Office of Coordinated Student Support Services

Adapted from the Let's Eat Healthy Program resources

Step #3- Extent of Compliance for All Schools with the LSWP

(Make a copy for your use)

Policy Area** (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
Nutrition Education/Promotion Goal(s)			1
Physical Activity Goal(s)			1
Other Student Wellness Goal(s)		1 Current LSWP does not reflect all current practices. LSWP will be revised in May 2024 to add required language and third student wellness goal related to mental and spiritual health.	
Non-goal related requirements of LWP- outline how you are meeting these elements in your LPW and the levels of compliance**			
<u>Federal/State Meal Standards are Met</u>		1 Current LSWP does not reflect all current practices. LSWP will be revised in May 2024 to add required language	
Foods Offered but Not Sold to Students Standards		1 Current LSWP does not reflect all current practices.	

Policy Area** (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
		LSWP will be revised in May 2024 to add required language	
Food and Beverage Marketing (SMART Snacks regulations- ala carte and vending, food sales during the school day)		1 Current LSWP does not reflect all current practices. LSWP will be revised in May 2024 to add required language	

***If any of these requirements are not met, you will need to address how you will meet these requirements moving forward as part of the Triennial Assessment summary and how the summary is made available to the public.*

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement- how was the public included in LWP development? (parents, community members, etc.)	<input checked="" type="checkbox"/> Yes – Roberta Miksch – community advocate <input type="checkbox"/> No
Public Notification- how are you notifying the public about your assessment results?	<input checked="" type="checkbox"/> Yes Plan was posted on old website – newsletter notification of ongoing nutrition and physical education activities <input type="checkbox"/> No
Triennial Assessment- is this posted publicly? Provide the link	<input type="checkbox"/> Yes – This will be added to the new website link once the website developer has the page set up. <input type="checkbox"/> No

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Questions, contact: jessie.coffey@nebraska.gov

Step #4: Sharing Your Triennial Summary Results

Triennial Assessment Report to the Public (Public Notification is Required)

The summary should address both 1) any missing requirements from your local wellness policy noted in Step #1 and how you will review your policy to address the missing elements, and 2) a summary of how you met the three goals included in your wellness policy.

Target Audience(s)	Method	Date
Students, Teachers & Parents/Caregivers	School Newsletter Notification through EML	March 2024 March 8, 2024
School Board Members	Presentation during School Board Meeting	March 25, 2024
Community Partners	Notification of Published Policy and Triennial Report via social media outlets with link back to the website for review.	March 8, 2024
Link to the district website to meet the public notification requirement	https://columbus-catholic.org/wellness-policy/	